



Gym Schedule (Flex A)

Midway YMCA | March 18 - May 12

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym	5:00am-10:00am 1:00pm-6:00pm <i>FLEX A</i>	5:00am-7:00am 8:00am-10:00am 2:00pm-5:30pm 8:30pm-10:00pm <i>FLEX A</i>	5:00am-10:00am 2:00pm-6:30pm 8:30pm-10:00pm <i>FLEX A</i>	5:00am-7:00am 8:00am-12:00pm 3:00pm-5:30pm 8:30pm-10:00pm <i>FLEX A</i>	5:00am-10:00am 1:00pm-4:00pm 6:00pm-8:00pm <i>FLEX A</i>	6:00am-6:00pm <i>FLEX A</i>	6:00am-8:00am 11:00am-1:30pm 3:00pm-8:00pm <i>FLEX A</i>
Basketball ADULT 18+			8:30pm-10:00pm <i>FLEX A</i>		8:00pm-9:00pm <i>FLEX A</i>	6:00pm-8:00pm <i>FLEX A</i>	6:00pm-8:00pm <i>FLEX A</i>
Pickleball	10:00am-1:00pm* <i>FLEX A</i>		10:00am-1:00pm* <i>FLEX A</i>		10:00am-1:00pm* <i>FLEX A</i>		
Badminton		12:00pm-2:00pm* <i>FLEX A</i>		12:00pm-2:00pm* <i>FLEX A</i>			8:00am-11:00am <i>FLEX A</i>
Adult Volleyball	8:00pm-10:00pm <i>FLEX A</i>			8:30pm-10:00pm <i>FLEX A</i>			
YMCA Programs RESERVED	6:00pm-8:00p.m.	7:00am-8:00am 10:00am-12:00pm 5:30pm-8:30pm <i>FLEX A</i>	1:00-2:00pm 6:30pm-8:30pm <i>FLEX A</i>	7:00am-8:00am 1:00pm-2:00pm 5:30-8:30pm <i>FLEX A</i>	4pm-6pm	Sports League Games may be scheduled between the hours of 8am-2pm	1:30pm-3:00 pm

***Pickleball and Badminton will be from 9:00am-11:00am on School Release Days: March 22nd, April 1-5**