



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CLUB Y – SEPTEMBER 2019

| SUN | MON | TUE | WED | THU | FRI | SAT |
|--------------------------------|---|-----|---|-----|-----|---|
| 1 M/W: 5-7PM SAT: 9-11AM | 2 LABOR DAY NO CLUB Y | 3 | 4 NO CLUB Y | 5 | 6 | 7 Walk track/stairs: Flex C Board games: Community room |
| 8 | 9 Sharks & Minnows: Flex C Water colors: Learning Kitchen | 10 | 11 4 square: Flex C Fuse Beads: Community room | 12 | 13 | 14 Bounce house: Flex C Scarecrow art: Community room |
| 15 YUSA WELCOME WEEK | 16 Beach ball icebreaker: Flex C Snacks w/Christina: Learning Kitchen | 17 | 18 Cat's Corner: Flex C This is Me cube: Community room | 19 | 20 | 21 Gen Fit/yoga: Flex C Kid's choice game: Community room |
| 22 | 23 Dodgeball: Flex C Snacks w/River: Learning Kitchen | 24 | 25 Kan Jam: Flex C Kid's Choice: Community room | 26 | 27 | 28 Scooter races: Flex C Trivia: Community room |
| 29 | 30 Parachute: Flex C Tie Dye: Learning Kitchen | | | | | |



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CLUB Y

Description

A FREE drop-in, activity program for youth (members and their guests) ages 6-12 years. Youth have the opportunity to participate in healthy (active) programs, arts and humanities, games and cultivate relationships with their peers. Program facilitated by YMCA Youth Development team members.

Youth checked into Kids Stuff will get a wristband and be transported to the Club Y meeting area. Meeting area subject to availability but will be posted in Kids Stuff and at member services before each session. Members that fall into the age range and are not checked-in to Kids Stuff will be able to join Club Y on their own. No registration is required.

HOURS: Monday and Wednesday 5-7pm
Saturday 9-11am

Most sessions will include both a physical activity and a game/art/project. Calendar posted each month.

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