



St. Paul Midway YMCA Lifeguard and Safety Training Classes

Fall/Winter 2019 9/1/2019 - 2/28/2020

Phone: (651) 646-4557 Fax: (651) 644-4692

ymcamn.org/midway www.facebook.com/midwayymca

BUILDING HOURS

Mon-Fri: M-Th 5:00am-10:00pm, F 5:00am-9:00pm
Saturda 6:00am-8:00pm
Sunday: 6:00am-8:00pm

KIDS STUFF HOURS

Mon-Fri: M-Th 8:00am-8:00pm, F 8:00am-7:00pm
Saturday: 8:00am-2:00pm
Sunday: 9:00am-1:00pm

ARC Lifeguard Full - Blended

77_LE_2456_50_101119_YSR

Cost: \$200

Registration available through 10/3

Friday 10/11

Saturday 10/12

Saturday 10/19

5:00 PM-8:30 PM

9:00 AM-5:00 PM

9:00 AM-5:30 PM

ARC Lifeguard Review

77_LE_2441_40_010220_YSR

Cost: \$100

Registration available through 1/2

Thursday 1/2

Friday 1/3

10:00 AM-3:00 PM

10:00 AM-2:00 PM

ARC Lifeguard Full - Blended

77_LE_2456_50_020720_YSR

Cost: \$200

Registration available through 1/30

Friday 2/7

Saturday 2/8

Saturday 2/15

5:00 PM-8:00 PM

9:00 AM-5:30 PM

9:00 AM-5:30 PM

Class Descriptions

ARC Lifeguard Full - Blended

Ages: 15+

Become certified in ARC Lifeguarding. Attendance at all class sessions is mandatory. Participants must be 15 years or older by the last day of class, and will receive certificates for Lifeguarding/First Aid/CPR/AED upon completion. Blended format.

ARC Lifeguard Review

Ages: 15+

Renew your American Red Cross Lifeguarding certification for another two years. Participants must attend all class sessions, and present verification of current American Red Cross Lifeguarding certification.