

# A NEW WAY FOR THE UNIVERSITY Y

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



UNIVERSITY YMCA

1801 UNIVERSITY AVE. SE

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www.uymn.org

## FALL 2011: A SEMESTER IN REVIEW



### A NEW WAY FOR THE UY

## WE ARE COLLEGIATE ALLIES

Over the past 6 months, Patti Neiman, Niall Murton, and Dr. Hedy Lemar Walls have been busy refocusing how we do our great work—and how we tell people about it. Through significant reflection and feedback from students and sites, we realized that it is easy to describe who and what we are: we are Collegiate Allies.

From tutoring to mentoring students of all ages, our college students are allies to Twin Cities youth. Through Y Immersion trips, we are allies to our partner cities and organizations. Our Y Interns are allies to the nonprofit organizations with whom we partner. College students in the Collegiate Achievers program are allies to each other in the pursuit of graduation. And PHD participants ally with local youth to make them Physical, Healthy and Driven. What better way to identify than as allies to all of the communities and people we serve?

Within this new framework, we can better tell our story. We can reach more people with a greater impact. And we can continue to be critical allies to the community and to each other.

"The UY is unique. I have the chance to volunteer and make a difference in a kid's life. But I also get the chance to learn and develop myself. There aren't many other places where I can gain and learn just as much as the youth I work with."

*~Elizabeth  
Collegiate Ally*



## OUR IMPACT STORY

It is hard to look at the UY's outreach numbers and not be proud of what we have all worked to accomplish. This semester, 265 college students worked with nearly 800 youth in the Twin Cities. We are addressing issues ranging from literacy to childhood obesity to college readiness. And we are able to do this because we are true allies to the youth, the schools, and the Twin Cities communities. Through our programming, the UY is committed to making a better future for all of us.

But let's take a closer look at our impact. It would be unwise to only look at the youth whom we help through our programming. College students leave the UY with professional development, ethical decision-making skills, and significant experience in service. 341 college students are learning first-hand how they can make a difference in their communities.

Of course, none of our work would be possible if not for volunteers, friends, alumni, supporters, and donors. Thank you for being a believer in our mission. You make it possible.

## HEALTHY CHOICES TODAY FOR A BETTER TOMORROW

Thanks to PHD: Physical, Healthy, and Driven, the UY continues to be innovative and proactive in directly fighting youth obesity and promoting healthy living. In its third year, the UY's PHD program has continued its commitment to creating a healthier future for Twin Cities youth. With initiatives ranging from the summer's PHD and Golf program to site-based obesity treatment, we are hopeful about the health future of our youth.



Through a grant from Y-USA and Kraft Foods, we are expanding our outreach to the Latino communities of the Twin Cities through Salsa, Sabor, y Salud.

Salsa, Sabor y Salud is a program focusing on how small changes at home can lead to greater health and well-being for the whole family. Kids and their parents get together for weekly classes taught in Spanish.

Paired with PHD's outreach to youth, Salsa Sabor y Salud takes it one step further. Together, we are striving for healthy living in all communities.



## BY THE NUMBERS

Ever wonder how our Collegiate Allies spend their time? Here's a breakdown of each program's participation numbers:

<u>Program</u>	<u>Collegiate Allies</u>	<u>Impact</u>
<b>Y Buddies</b>	<b>52</b>	<b>40</b>
<b>Y Tutors</b>	<b>110</b>	<b>500</b>
<b>Collegiate Achievers</b>	<b>32</b>	<b>32</b>
<b>Y Mentors</b>	<b>30</b>	<b>100</b>
<b>PHD</b>	<b>41</b>	<b>100</b>
<b>Y CLIP</b>	<b>26</b>	<b>25</b>
<b>Y Immersion</b>	<b>40</b>	<b>41</b>
<b>Student Board</b>	<b>10</b>	<b>10</b>

"Collegiate Allies" signifies the number of college student volunteers and work-study employees. "Impact" indicates the youth, college students, or nonprofit organizations affected by each program.



## ALL THAT GLITTERS IS GOLD!

Representing one of the biggest student groups on campus, the University Y made a splash in this year's homecoming parade. Walking with our decorated float, handing out candy, and enjoying the evening with current students and alum, we had a blast being a part of this year's parade!



Dressed for the theme "All That Glitters is Gold" staff and friends represented the UY with style!

## UY BOWL-A-THON

### PLAYIN' FOR THE PANTS

UY staff, students, and friends kicked off the 2012 Y Partners campaign in style by coming together for the Inaugural UY Bowl-a-Thon at Park Tavern Bowling & Entertainment Center.

Bowlers spent the afternoon having fun and competing for the Pants Trophy—a new tradition and competition. The Pants Trophy will be displayed at the UY with each year's winning team names. Bowlers included current students, alumni, Youth in Government participants, family, and friends of the UY!

With the help the bowlers and their sponsors, the Bowl-a-Thon raised over \$3,000 for 2012 Y Partners. **Thank you to Park Tavern, all of our bowlers, and their sponsors!**

## INVESTING IN OUR FUTURE:

### UY TRAININGS

Patti Neiman and UY Staff have been busy making sure our college students have the opportunity to learn and grow—and be better at serving our youth. Some of our trainings provided to Collegiate Allies were: "Ally Training", "Assets Development", "Reading Training for Tutors", "Perceptions and your Cultural Lens", and "Disparities in Education & Why we Y".



**Thanks to our partner organizations—the Y of the Greater Twin Cities, MN Literacy Council, the University of Minnesota, the MN Council of Minority Partnerships, Inc., and others—for their support in developing our leaders.**

## THANK YOU GRADUATES

With the end of each semester comes transition at the UY. We want to thank our graduating seniors for all they have done for the UY - we are truly grateful!

Jimmy Ennen

Leah Fancher

Melissa Mason

Austin Rondou

Luke Reynebeau

David Ziemer

## ALUMNI SPOTLIGHT

### AMANDA DELANEY

Former UY participant Amanda Delaney is a testament to the power of how the UY can develop a young person for her future career. Amanda will graduate with her Masters degree in Public Health in May of 2012. Along with her time at the UY as an



undergraduate, her Masters degree will help to prepare her for Medical School at the University of Wisconsin-Madison, starting in the fall of 2012.

Amanda was a participant at many different leadership levels during her time at the UY. She started as a Y Tutor and continued through the leadership positions until her senior year when she served on the Student Board. Amanda also participated in and led Y Immersion trips to San Francisco and New York, focusing on HIV/AIDS and sex trafficking.

According to Amanda, her time at the UY was a critical component of both her personal statement and interview answers for Medical School. *"The UY is a place where I grew in both my professional skills and leadership development. I couldn't be more thankful for how much the UY prepared me for my future."*

## FAN, FRIEND, OR FOLLOW

Want to stay up to date with the UY? Connect with us online:



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[www.facebook.com/uymca](http://www.facebook.com/uymca)



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**We want to hear  
from you .  
comment, post,  
and tweet away!**

## ENDOWMENT CAMPAIGN

The legacy committee has completed its endowment campaign, raising \$500,000. These funds have been matched by the Y of the Greater Twin Cities, bringing the total to \$1,000,000 for the UY's endowment. Thank you to all those who made this possible!

## UPCOMING EVENTS

Summer Job Fair	<b>February 6th</b>
Peace Jam Youth	<b>April 11th- April 14th</b>
Spring Clean-Up	<b>April 14th and April</b>
Leadership Recognition Event	<b>April 29th</b>

