



White Bear Area YMCA Family Engagement Class Schedule

2018 Early Spring • February 26 - April 15

Phone (651) 777-8103 • Fax (651) 777-8589

www.ymcamn.org/whitebear www.facebook.com/whitebearareaymca

KIDS STUFF

Monday-Friday M-Th 8:30 a.m. - 8:30 p.m.
& F 8:30 a.m. - 7:00 p.m.

Saturday 8:30 a.m. - 1:00 p.m.

Sunday 8:30 a.m. - 1:00 p.m.

Kids Stuff is the Y's free drop-off child care while you workout. Sign-in your child for up to 2 hours per day in our care. Parents must remain in the building while child is in the Kids Stuff area.

PARENTS NIGHT OUT

Kids ages 2-10: Join us for games, dinner, and themed night of FUN! This parent drop-off time runs the second Saturday each month from 4:00PM - 8:00PM. Registration is required and due by the prior Friday at noon.

Early Bird Price: Members \$20/night, Non-Members \$25/night

BIRTHDAY

Celebrate your special occasion at the YMCA!

We have everything you need to have the party of your dreams, hassle free, customized to fit you. All parties include a party space, a host and a special balloon bouquet! Prices range from \$140-\$220 depending on the type of party.

About Y Youth Development

The Y is the starting point for many youth to learn about being active and developing healthy habits they'll carry with them throughout their lives. And the benefits are far greater than just physical health. The Y is offering a variety of youth classes ranging from sports, crafts, dance, special interests and more.

Whether it's gaining the confidence that comes from learning to swim or building the positive relationships that lead to good sportsmanship and teamwork, participating in sports at the Y is about building the whole child, from the inside out.

Register Online at ymcamn.org

- To search classes by multiple Ys: All Y Schedules
- To find the classes available at your Y: Locations
- To read more about classes, ages, levels and skills: Youth Programs>Child and Youth Development Overview

First time Sign In your account

- If you are a Y Member or have participated in Y programs, click on "Activate Your Account"
 - Verify your Date of Birth
 - Enter a user name and new password
- If you are not a Y Member or have not participated in Y Programs, click on "Register for a New Account"
- If you have any questions, please call our Customer Service Center at (612) 230-9622.

FREE PROGRAMS FOR YOUTH AND FAMILY MEMBERS

KIDS FITNESS- Children will develop skills to increase strength, balance and cardio capacity through play and circuit training.

YMCA LITTLE LOTUS- is a class that focuses on the union of the spirit, mind and body. With games, stories, imagination and kid friendly yoga poses we simplify a complex, ancient practice into something that is modern, inclusive, accessible and fun.

Register in-person at your Y

- In-person at your Y during regular hours

Early Bird Pricing

- 10% off Classes
- Early Bird pricing ends February 6, 2018

YCLUB

A spot (gym, patio room) for more organized FUN for members ages 6-12. Bring your friends for active, healthy activities, and building new friendships at the YMCA. Monday - Thursdays 5:30pm-7:30pm.

Time	Class	Age Range	Class Description	Location	Instructor	Member Participant	Non-Member Participant
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