



White Bear Area YMCA Sports Programs Schedule

2019 Session 3, June 10 - August 11

(651) 777-8103

www.whitebearareaymca.org

www.facebook.com/whitebearareaymca

SPORTS PROGRAMS

LEAGUES

LEAGUES let kids take their skills to the next level and experience positive competition. Age-based offerings vary by session and by sport. Youth Leagues consist of organized practices and team contests. Each team will focus on skill development, practice and teamwork while preparing for games or meets. The fun isn't just for kids- high school and adult leagues are available too!

Note: a structured game or meet schedule will be developed and issued the first week of each session.

CLASSES

In CLASSES, kids will meet weekly to develop their skills through a variety of age appropriate skill drills and team-building exercises. Each session kicks off with a focus on skill development and advances to teamwork concepts which may include light scrimmaging and positive competition. Trained YMCA staff leads each class with help from qualified volunteers. At the end of the session, each age level will have acquired specific skill outcomes needed to advance to the next level of skill development.

SCHOOL'S OUT SPORTS CAMPS

At SCHOOL'S OUT SPORTS CAMPS, kids come to the Y to learn new sports, build sports skills and have fun playing, on days when school is not in session. Kids build the positive relationships that lead to good sportsmanship and teamwork. Ages vary by location.

CLINICS

CLINICS let kids try out a sport they're curious to explore in a no-pressure environment. Come test out something new, or learn more about your favorite sports. Clinics are available for a variety of sports and are offered at different locations and dates throughout the year.

LEAGUES starting week of June 10

Girls Basketball League: grades 3-4 White Bear Area YMCA	Mon 5:30 pm to 6:30 pm Wed 5:30 pm to 6:30 pm	88_SP_3182_10_061019_YYD \$100 member / \$125 non-member
Boys Basketball League: grades 3-4 White Bear Area YMCA	Mon 5:30 pm to 6:30 pm Wed 5:30 pm to 6:30 pm	88_SP_3183_10_061019_YYD \$100 member / \$125 non-member
Girls Basketball League: grades 5-6 White Bear Area YMCA	Mon 6:30 pm to 7:30 pm Wed 6:30 pm to 7:30 pm	88_SP_3184_10_061019_YYD \$100 member / \$125 non-member
Boys Basketball League: grades 5-6 White Bear Area YMCA	Mon 6:30 pm to 7:30 pm Wed 6:30 pm to 7:30 pm	88_SP_3185_10_061019_YYD \$100 member / \$125 non-member
Girls Basketball League: grades 7-8 White Bear Area YMCA	Mon 6:30 pm to 7:30 pm Wed 6:30 pm to 7:30 pm	88_SP_3186_10_061019_YYD \$100 member / \$125 non-member
Boys Basketball League: grades 7-8 White Bear Area YMCA	Mon 6:30 pm to 7:30 pm Wed 6:30 pm to 7:30 pm	88_SP_3187_10_061019_YYD \$100 member / \$125 non-member
Soccer League: grades 1-2 Lakewood Hills Park	Mon 5:45 pm to 6:45 pm Wed 5:45 pm to 6:45 pm	88_SP_3145_10_061019_YYD \$100 member / \$125 non-member
Soccer League: grades 3-4 Lakewood Hills Park	Mon 5:45 pm to 6:45 pm Wed 5:45 pm to 6:45 pm	88_SP_3222_10_061019_YYD \$100 member / \$125 non-member
Soccer League: grades 5-6 Lakewood Hills Park	Mon 6:45 pm to 7:45 pm Wed 6:45 pm to 7:45 pm	88_SP_3116_10_061019_YYD \$100 member / \$125 non-member
Soccer League: grades 7-8 Lakewood Hills Park	Mon 6:45 pm to 7:45 pm Wed 6:45 pm to 7:45 pm	88_SP_3595_10_061019_YYD \$100 member / \$125 non-member

REGISTRATION BEGINS APRIL 23, 2019

Class availability varies by location. Schedules subject to change. Please visit ymcamn.org for updated class listings.

Track and Field League: age 3 White Bear Lake High School - South Campus	Tue 5:30 pm to 6:15 pm Thu 5:30 pm to 6:15 pm	88_SP_3556_20_061119_YYD \$100 member / \$125 non-member
Track and Field League: ages 4-5 White Bear Lake High School - South Campus	Tue 5:30 pm to 6:15 pm Thu 5:30 pm to 6:15 pm	88_SP_3557_20_061119_YYD \$100 member / \$125 non-member
Track and Field League: grades K-1 White Bear Lake High School - South Campus	Tue 5:30 pm to 6:15 pm Thu 5:30 pm to 6:15 pm	88_SP_3558_20_061119_YYD \$100 member / \$125 non-member
Track and Field League: grades 2-3 White Bear Lake High School - South Campus	Tue 6:30 pm to 7:30 pm Thu 6:30 pm to 7:30 pm	88_SP_3234_20_061119_YYD \$100 member / \$125 non-member
Track and Field League: grades 4-5 White Bear Lake High School - South Campus	Tue 6:30 pm to 7:30 pm Thu 6:30 pm to 7:30 pm	88_SP_3127_20_061119_YYD \$100 member / \$125 non-member
Track and Field League: grades 6-8 White Bear Lake High School - South Campus	Tue 6:30 pm to 7:30 pm Thu 6:30 pm to 7:30 pm	88_SP_3596_20_061119_YYD \$100 member / \$125 non-member

ADULT & HIGH SCHOOL LEAGUES starting week of June 10

Co-Ed Adult Basketball League St Paul Eastside YMCA	Sun 4:00 pm to 8:00 pm	88 SP 3630 70 061619 YHL 88 SP 3630 71 061619 YHL \$350 team / \$45 individual
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Games will be played at neighboring YMCA locations

CLASSES

Basketball Class: age 3 White Bear Area YMCA	Tue 5:45 pm to 6:15 pm Class meets 8 times starting June 11	88_SP_3500_20_061119_YYD \$65 member / \$90 non-member
Basketball Class: ages 4-5 White Bear Area YMCA	Tue 5:45 pm to 6:30 pm Class meets 8 times starting June 11	88_SP_3501_20_061119_YYD \$65 member / \$90 non-member
Core Sports Sampler: age 3 White Bear Area YMCA	Tue 5:00 pm to 5:30 pm Class meets 8 times starting June 11	88_SP_3800_20_061119_YYD \$65 member / \$90 non-member
Core Sports Sampler: ages 4-5 White Bear Area YMCA	Tue 5:00 pm to 5:45 pm Class meets 8 times starting June 11	88_SP_3801_20_061119_YYD \$65 member / \$90 non-member
Soccer Class: age 3 Lakewood Hills Park	Mon 5:00 pm to 5:30 pm Class meets 8 times starting June 10	88_SP_3542_10_061019_YYD \$65 member / \$90 non-member
Soccer Class: ages 4-5 Lakewood Hills Park	Mon 5:00 pm to 5:45 pm Class meets 8 times starting June 10	88_SP_3543_10_061019_YYD \$65 member / \$90 non-member
T-Ball/Baseball/Softball Class: age 3 Lakewood Hills Park	Thu 5:00 pm to 5:30 pm Class meets 8 times starting June 13	88_SP_3549_40_061319_YYD \$65 member / \$90 non-member
T-Ball/Baseball/Softball Class: ages 4-5 Lakewood Hills Park	Thu 5:00 pm to 5:45 pm Class meets 8 times starting June 13	88_SP_3550_40_061319_YYD \$65 member / \$90 non-member
Martial Arts Class: ages 7-11 (monthly) White Bear Area YMCA	See days/times below Class meets 12 times starting July 1	88_SP_1119_10_070119_YYD \$55 member / \$75 non-member
<i>July monthly registration. Three class offerings a week-Mon 7:15-8:15, Thu 6:45-7:15, Sat 11:30-12:30</i>		
Martial Arts Class: ages 7-11 (monthly) White Bear Area YMCA	See days/times below Class meets 14 times starting August 1	88_SP_1119_40_080119_YYD \$55 member / \$75 non-member
<i>August monthly registration. Three class offerings a week-Mon 7:15-8:15, Thu 6:45-7:15, Sat 11:30-12:30</i>		
Martial Arts Class: ages 7-11 (monthly) White Bear Area YMCA	See days/times below Class meets 13 times starting June 1	88_SP_1119_60_060119_YYD \$55 member / \$75 non-member
<i>June monthly registration. Three class offerings a week-Mon 7:15-8:15, Thu 6:45-7:15, Sat 11:30-12:30</i>		

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Martial Arts Class: ages 12-17 (monthly) White Bear Area YMCA <i>July monthly registration. Three class offerings a week-Mon 7:15-8:15, Thu 6:45-7:15, Sat 11:30-12:30</i>	See days/times below Class meets 12 times starting July 1	88_SP_1120_10_070119_YYD \$55 member / \$75 non-member
Martial Arts Class: ages 12-17 (monthly) White Bear Area YMCA <i>August monthly registration. Three class offerings a week-Mon 7:15-8:15, Thu 6:45-7:15, Sat 11:30-12:30</i>	See days/times below Class meets 14 times starting August 1	88_SP_1120_40_080119_YYD \$55 member / \$75 non-member
Martial Arts Class: ages 12-17 (monthly) White Bear Area YMCA <i>June monthly registration. Three class offerings a week-Mon 7:15-8:15, Thu 6:45-7:15, Sat 11:30-12:30</i>	See days/times below Class meets 13 times starting June 1	88_SP_1120_60_060119_YYD \$55 member / \$75 non-member
Martial Arts Class: ages 18-99 (monthly) White Bear Area YMCA <i>July monthly registration. Three class offerings a week-Mon 7:15-8:15, Thu 7:15-8:15, Sat 11:30-12:30</i>	See days/times below Class meets 12 times starting July 1	88_SP_1121_10_070119_YHL \$55 member / \$75 non-member
Martial Arts Class: ages 18-99 (monthly) White Bear Area YMCA <i>August monthly registration. Three class offerings a week-Mon 7:15-8:15, Thu 7:15-8:15, Sat 11:30-12:30</i>	See days/times below Class meets 14 times starting August 1	88_SP_1121_40_080119_YHL \$55 member / \$75 non-member
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PROGRAM LOCATIONS

Lakewood Hills Park 2110 Orchard Lane	White Bear Lake	MN	55110
St Paul Eastside YMCA 875 Arcade St	Saint Paul	MN	55106
White Bear Area YMCA 2100 Orchard Ln	White Bear Lake	MN	55110
White Bear Lake High School - South Campus 3551 McKnight Rd N	White Bear Lake	MN	55110

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